

OCTOBER 2024 LUNCH

HALLOWEEN HUMOR




Question:

What is a Scarecrow's favorite fruit?
How does a Scarecrow drink it's juice?



Answer:

STRAW-berries
With a Straw

Monday	Tuesday	Wednesday	Thursday	Friday
	01 Meatball Sub Marinara Sauce Broccoli Sweet Potato Tots Fresh Apple	02 Yogurt Parfait Strawberry Yogurt / Granola Cucumbers Slices / Carrots Sunflower Seeds / Honey Graham Crackers Fresh Pear	03 Chicken Strips Applesauce / BBQ Sauce Corn Tater Tots	04 Cold Box Lunch
07 Mini Corn Dogs Ketchup Peas & Carrots Baked Beans+ Fresh Apple	08 Popcorn Chicken Educational Crackers / BBQ Sauce Broccoli Diced Carrots Fresh Orange	09 Grilled Chicken Sandwich Green Beans Tater Tots Fresh Melon Applesauce	10 Chicken Nuggets BBQ Sauce Corn Fresh Apple Apple Crunch Day! 	11 Bosco Sticks Marinara Sauce Romaine Salad/Italian Dressing Baby Carrots Cantaloupe Raisins
<u>NATIONAL</u>	<u>SCHOOL</u> ↓	<u>LUNCH</u>	<u>WEEK</u>	<u>JOIN US FOR LUNCH</u>
14 BBQ Chicken Chunks BBQ Sauce / Cheese Crackers Green Beans Baked Beans+ Fresh Apple	15 NEW Chicken Tacos Cheddar Cheese / Flour Tortilla	16 Pancakes & Sausage Syrup Tater Tots Banana	17	18
21 Hot Dog Ketchup / Mustard / Tropical Fruit Green Beans Sweet Potato Tots Tropical Fruit Cup	22 Chicken Strips BBQ Sauce Diced Carrots Baked Beans+ Fresh Pear	23 Cheese Pizza Carrots / Juice / Ranch Dressing Fresh Orange	24 Chicken Drumstick Broccoli / Applesauce / Cheese Crackers BBQ Sauce Tater Tots	25 Cheese Calzone Marinara Sauce Baby Carrots Cole Slaw Tidbits 
28 Orange Chicken Popcorn Chicken / Orange Sauce Cauliflower / Brown Rice Broccoli Mandarin Oranges	29 Chicken Nuggets BBQ Sauce Green Peas Fresh Pear	30 Mini Corn Dogs Baked Beans / Ketchup / Mustard Green Beans Flavored Applesauce	31 BBQ Rib Patty Sandwich Hoagie Roll Corn Pinto Beans Cantaloupe	

K-8 AB

MILK contains no artificial growth hormones or antibiotics

We use whole grain breads and 100% fruit juice

Nutrition and allergen information
available at www.FSPro.com

Milk is available with all meals
Menu items do not contain pork
+ Does not contain meat

OCTOBER 2024 BREAKFAST

HALLOWEEN HUMOR



Question

What kind of make-up do Mummies wear?
What's a Mummies favorite type of music?



Answer

Mas-scare-a
Wrap Music

Monday	Tuesday	Wednesday	Thursday	Friday
	01 Blueberry Muffin Pear Mandarin Oranges	02 Strawberry Pop Tart Honey Graham Tropical Fruit Mix Flavored Applesauce	03 Raisin Bran French Toast Graham Apple Kiwi-Strawberry Juice	04 Cinnamon Bagel Cream Cheese Peach Flavored Applesauce
07 Banana Muffin Pear Flavored Applesauce	08 Cocoa Puffs Cereal Bar Mozzarella Cheese Apple Orange Juice	09 Honey Scooters Honey Graham Orange Grape Juice	10 Bagel Stuffer Peach Plum	11 Cinnamon Toasters Honey Graham Banana Apple Juice
14 Cinnamon Pop Tart Nectarine Pineapple Tidbits	15 Apple Muffin Strawberry-Banana Yogurt Tropical Fruit Mix Flavored Applesauce	16 Cinnamon Chex Cereal Honey Graham Apple Kiwi-Strawberry Juice	17 Strawberry Oatmeal Bar Cantaloupe Flavored Applesauce	18 Frosted Flakes Cereal Honey Graham Banana Berry Juice
21 Apple Cinnamon Cheerios Honey Graham Orange Grape Juice	22 Donut Nectarine Tropical Fruit Mix	23 Cinnamon Toast Crunch Bar Apple Raisins	24 Apple Oatmeal Bar Honeydew Pineapple Tidbits	25 Honey Graham Squares Vanilla Yogurt Strawberries Banana
28 Scooters Apple Cinnamon Graham Pear Fruit Juice	29 Cinnamon Bagel Cream Cheese Peach Flavored Applesauce	30 Raisin Bran French Toast Graham Apple Kiwi-Strawberry Juice	31 Blueberry Muffin Pear Mandarin Oranges	 

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